

**The 16th Basic Science & Anatomy Course
for
FRCSED (ORTHO) / FHKCOS Examination**

15-18 August 2026 (Sat-Tue)

Program

Location: Laboratory Block, 21 Sassoon Road, Pokfulam, Hong Kong

Day 1 – 15 August 2026 (Saturday)

	Anatomy	Venue	Tutor
0800 – 0830	Registration	Anatomy Lab *	
0830 - 0900	Presentation: Biomechanic of spine	Anatomy Lab *	KC
0900– 1030	Demonstration: cervical and lumbar spine		KC (C spine) CT (LS spine)
1030 - 1050	Coffee Break		
1050 – 1110	Presentation: Brachial plexus	Anatomy Lab *	VM
1100 – 1240	Practice vivas (divided into 3 groups)	Anatomy Lab	Whole faculty A: KS, KC B: VM, FL C: CT, MF
1240 – 1340	Lunch	SR 2	
1340 – 1440	Demonstration of Brachial plexus and shoulder	Anatomy Lab *	KS (shoulder) MF (BP)
1440 – 1540	Demonstration of arm and elbow		KS (Arm) VM (Elbow)
1540 – 1600	Coffee Break		
1600 – 1700	Demonstration: Forearm compartments / wrist	Anatomy Lab *	VM (Forearm anterior) MF (wrist Extensors)
1700 – 1800	Demonstration: Forearm compartments / hand		KS (Forearm posterior) VM / MF (hand flexors)

Anatomy Lab: Anatomy Lab, Room 101, 1/F, Laboratory Block, Faculty of Medicine Building

*** For observers, please go to Seminar Room 2, G/F, Laboratory Block for observation.**

Day 2 – 16 August 2026 (Sunday)

	Anatomy	Venue	Tutor
0800 – 0830	Registration	Anatomy Lab *	
0830 - 1000	Demonstration: hip and thigh	Anatomy Lab *	EK (Ant/Med) KS (post hip / pelvis)
1000 – 1110	Demonstration: compartments of the leg / knee and popliteal fossa		CY (Knee / Pop) VM (Leg)
1110 – 1130	Coffee break		
1130 – 1300	Practice vivas (divided into 3 groups)	Anatomy Lab	Whole faculty A: VM, CH B: EK, JW C: KS, CY
1300 – 1400	Lunch	SR 2	
1330 – 1430	Demonstration: the ankle and foot	Anatomy Lab *	KS (Foot) KH (ankle)
1430 – 1530	Biomechanics of Foot		KS
1530 – 1600	Gait Cycle		KS
1530 – 1540	Evaluation		MF
1610 – 1630	Break		
1630 – 1800	Practice vivas (divided into 3 groups)	Anatomy Lab	Whole faculty A: MF, CY B: KS, CL C: KH, VM

Anatomy Lab: Anatomy Lab, Room 101, 1/F, Laboratory Block, Faculty of Medicine Building

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Day 3 – 17 August 2026 (Monday)

	Basic Science	Venue	Tutor
0800 – 0820	Registration	Anatomy Lab	
0820 – 0830	Introduction	Anatomy Lab	MF
0830 – 0900	Introduction to biomechanics		AC
0900 – 0930	Biomechanics of natural hip and knee joints		AC
0930 – 1010	Geometrical parameters of joint replacements		KS
1010 – 1030	Coffee break		
1030 – 1100	Free Body diagram	Anatomy Lab	KS
1100 - 1130	Bone healing		KY
1130 – 1300	Practice vivas (divided into 3 groups)		Whole faculty A: MF, JW B: KS, KH C: VM, FL
1300 – 1350	Lunch	SR 2	
1350 – 1420	Tendon, ligament, muscles	Anatomy Lab	KH
1420 – 1500	Infection		EK
1500 – 1530	Characteristics of bone screws		MF
1530 – 1550	Coffee break		
1550 – 1630	Tumour	Anatomy Lab	AL
1630 – 1800	Practice vivas (divided into 3 groups)		Whole faculty A: AL, AC B: VM, HF C: EK, PK

Anatomy Lab: Anatomy Lab, Room 101, 1/F, Laboratory Block, Faculty of Medicine Building

Day 4 – 18 August 2026 (Tuesday)

	Basic Science	Venue	Tutor
0730 – 0800	Registration	Anatomy Lab	
0800 – 0830	Properties of materials	Anatomy Lab	CH
0830 – 0910	Biomaterials		CH
0910 – 0940	Rigidity of construct		KS
0940 – 1010	Working length of plates / nails / external fixators		KS
1010 – 1030	Coffee break		
1030 – 1100	Articular cartilage and meniscus	Anatomy Lab	VM
1100 – 1230	Practice vivas (divided into 3 groups)		Whole faculty A: VM, FL B: KS, CH C: CL, JW
1230 – 1330	Lunch	SR 2	
1330 – 1410	Metabolic bone disease	Anatomy Lab	KS
1410 – 1430	Neurophysiology		CL
1430 – 1510	Prosthetics and orthotics		CL
1510 – 1530	Coffee break		
1530 – 1600	Bone scan / Nuclear Imaging	Anatomy Lab	CH
1600 – 1630	Intervertebral disc structure and function		VM
1630 – 1640	Evaluation		MF
1640 – 1800	Practice vivas (divided into 3 groups)		Whole faculty A: CL, KS B: MF, AC C: PK, CH

Anatomy Lab: Anatomy Lab, Room 101, 1/F, Laboratory Block, Faculty of Medicine Building

FACULTY

VM:	Vishy	MAHADEVAN
KS:	Kevin	SHERMAN
AC:	Amy	CHEUNG
MF:	Margaret	FOK
HF:	Henry	FU
PK:	Paul	KOLJONEN
EK:	Evelyn	KUONG
CL:	Chor Yin	LAM
AL:	Anderson	LEUNG
FL:	Felix	LEUNG
KH:	Ka Hei	LEUNG
KC:	Kin Cheung	MAK
CT:	Chris	TANG
CH:	Chi Him	TONG
JW:	Janus	WONG
KY:	Kelvin	YEUNG
CY:	Colin	YUNG