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The University of Hong Kong

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## Fellowship Report

I am deeply grateful for the opportunity to complete my Joint Replacement Fellowship at The University of Hong Kong. This experience has been immensely enriching both professionally and personally.

From the very beginning, Ms. Julia Chan was exceptionally cooperative, responsive, and supportive. Her prompt assistance with every message and email made the entire journey—from preparation to completion—smooth and stress-free.

The fellowship commenced with a warm welcome and orientation session by Professor Dr. Fu, Chun Him Henry, whose guidance and encouragement set a positive tone for the program.

Throughout the fellowship, I gained invaluable exposure to complex and revision joint replacement surgeries. The concepts, techniques, and innovations in joint arthroplasty that I observed and practiced were crucial for my professional development. Notably, this fellowship provided my first hands-on experience with robotic-assisted joint replacement surgeries, including the Mako and VELYS systems—an area of significant advancement in orthopedics.

The structured weekly program was highly beneficial for learning:

- **Mondays:** Grand rounds, where all postoperative patients were discussed in detail. These sessions provided deep insights and were an excellent platform for learning.
- **Mondays & Tuesdays:** Outpatient clinics, where difficult and complex cases were reviewed thoroughly.
- **Wednesdays:** Operating day at the Duchess of Kent Hospital, primarily focused on primary robotic-assisted cases.
- **Thursdays & Fridays:** Operating days at Queen Mary Hospital, involving complex and challenging surgeries.

In all these settings, I had the privilege to observe, assist, and learn from outstanding faculty and colleagues.

I am especially thankful to:

- **Professor Dr. Fu, Chun Him Henry**, for his exceptional teaching, humility, and detailed explanations in both clinic and operating theater. His ability to clarify complex surgical concepts with patience was invaluable.

- **Dr. Chan, Ping-Keung Lewis**, a highly experienced and humble surgeon.
- **Dr. Cheung, Yim Ling Amy**, for her cooperative and knowledgeable approach.
- **Dr. Luk, Michelle Hilda**, who supported me from the very first day and guided me throughout the fellowship.
- **Dr. Lau, Chun Man Lawrence**, for his kindness and helpfulness.
- **Dr. Leung, Ka Chun Thomas**, from whom I learned significantly during surgeries; his energetic and supportive nature greatly enhanced my experience.

I would also like to acknowledge the operating theater staff, particularly at the Duchess of Kent Hospital, for their cooperation and encouragement, which created a very supportive environment.

Accommodation at the Duchess of Kent Hostel was peaceful and comfortable. I am grateful to Ms. Cathy for her constant assistance and to all hostel staff for their support. The sports complex facilities provided by the University were also valuable in maintaining a healthy and balanced lifestyle.

One humble suggestion for future international fellows would be to consider conducting teaching sessions and intraoperative discussions in English, as the frequent use of Cantonese sometimes made it challenging for overseas participants to follow the learning points fully.

My stay in Hong Kong was very enjoyable, and I deeply appreciated the kindness and helpfulness of the people I met.

In conclusion, I am sincerely thankful to The University of Hong Kong for offering me this opportunity to advance my expertise in joint replacement surgery. The fellowship was conducted in the true spirit of academic excellence, and the knowledge, skills, and experiences I have gained will remain invaluable throughout my career.