



HA Central Commissioned
Training Program (CCTP) 2025/26:

UPDATES OF SURGERIES AROUND ELBOW

COC (O&T)

26-27 September

Fri-Sat
2025

Lectures: Lecture Theatre, 5/F, Professorial Block, Queen Mary Hospital
Cadaveric Workshop: TBC

Day 1 – 26 September 2025 (Friday) – Lectures

Venue: Lecture Theatre, 5/F, Professorial Block, Queen Mary Hospital, Pokfulam, Hong Kong

Time	Topic	Speaker	Moderator
08:30-08:55	Registration		
08:55-09:00	Welcome	M Fok & M Mak	
Session 1 - Elbow Instability & Trauma I			M Lee
09:00-09:15	Understanding Terrible Triad & Radial Head Injuries	R Van Riet	
09:15-09:30	Understanding Posterolateral vs Posteromedial Instability	S O'Driscoll	
09:30-09:45	Understanding Coronoid & Transulnar Fracture Dislocations	S O'Driscoll	
09:45-10:30	Case discussion	All faculty	M Lee
10:30-10:45	Break		
Session 2 - Elbow Instability & Trauma II			
10:45-11:00	Principle-Based Treatment of Distal Humerus Fractures	HC Cheng	E Chow
11:00-11:15	Approaches to the Elbow – How to Choose	F Leung	
11:15-11:30	Proximal Radio-Ulnar Joint Instability and Dissociation	M Mak	
11:30-11:45	Distal Biceps & Triceps Injuries	M Fok	E Chow
11:45-12:30	Case discussion	All faculty	
12:30-13:30	Lunch		
Session 3 - Nerves / Tendon around Elbow			M Mak
13:30-13:45	Tennis Elbow & Non-Arthritic Painful Elbow	R Van Riet	
13:45-14:00	Anterior and Posterior Interosseus Nerve Conditions	T Iwamoto	
14:00-14:15	Ulnar Nerve Conditions	M Fok	
14:15-15:00	Case discussion	All faculty	M Mak & C Wong
15:00-15:15	Break		
Session 4 - Elbow Arthritis			C Fang
15:15-15:30	Is Passive Elbow range = Active Elbow range?	C Wong	
15:30-15:45	Management of the Stiff Elbow	S O'Driscoll	
15:45-16:00	Pragmatic Decision Making Between Arthroscopic vs Open Surgery	R Van Riet	
16:00-16:15	Total Elbow Arthroplasty: How to Avoid Complications	T Iwamoto	
16:15-16:30	Total Elbow Arthroplasty: Recent Advances	T Iwamoto	
16:30-16:45	Elbow Periprosthetic Fractures – Interview with the Experts	C Fang	
16:45-17:00	Case discussion	All faculty	C Fang
17:00-17:05	Evaluation		

- End of Day 1 -



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Day 2 – 27 September 2025 (Saturday) – Cadaveric Workshop

Venue: TBC

Time	Topic	Speaker	Moderator
08:30-09:00	Registration & Change		
Session 1 - Arthroscopy			
09:00-13:00	Portal Introduction and Gutter inspection	S O'Driscoll	M Fok
	Tennis Elbow	R Van Riet	
	Plica	R Van Riet	
	Lateral Plication	R Van Riet	
	Radial Nerve Decompression	S O'Driscoll	
	Anterior Caspulectomy	S O'Driscoll	
	Ulnar Nerve Endoscopic Release	M Fok	
13:00-14:00	Lunch		
Session 2 - Open Approach			
14:00-17:00	LUCL Repair – Internal Brace (Fibertak)	S O'Driscoll	M Mak
	UCL Repair (Docking Technique)	T Iwamoto	
	Radial Head Replacement	C Fang (Stryker) S O'Driscoll (Acumed)	
	LUCL Reconstruction (Triceps) (Swivelock)	C Fang	
	Boyd Approach to Proximal Radius	C Fang	
	Annular ligament reconstruction (Tendon Graft, Internal Brace)	M Mak	
	TER with Para – Tricepital Approach (Coonrad Morrey)	T Iwamoto	
	Free Dissection & Nerve Exploration	E Chow	

- End of Day 2 -