



Name: Dr. Audimar Glenn A. Alvarez
Serving Period: 1 Oct 2023 – 31 Dec 2023
Fellow: Division of Joint Replacement Surgery
Dept. of Orthopaedics & Traumatology
The University of Hong Kong

First of all, I would like to give thanks to the Division of Joint Replacement Surgery, Dept. of Orthopaedics & Traumatology, the University of Hong Kong with Dr. Lewis Chan as Chief of Division, the Staff Dr. Henry Fu, Dr. Amy Cheung, Dr. Michelle Luk, Dr. Lawrence Lau, Dr. Ka Ho NG and Residents Dr. Lauren Sun and D. Gloria Leung with you as my mentors/colleagues my stay here in Hong Kong was fruitful and fulfilling.

During my 3-month fellowship, I was able to learn a lot, not just in the field of Joint replacement surgery but also the culture as well as the healthcare system in Hong Kong. I rotated in two hospitals, Queen Mary where complicated cases and revision are done, and Duchess of Kent Hospital where primary cases with a good mix of both robotic-assisted surgery and conventional joint replacement surgery. every week we had structured schedule on Mondays we would do ward rounds on all joint patients, these are teaching rounds wherein we discuss the cases of the patients admitted, which can vary from pre-operative plans to post-operative plans. After rounds we would proceed to clinics, on Tuesdays we see patients with complicated cases and occasionally we do surgery, while for Wednesday to Friday are OR days in either hospital. It was a very good experience because I was able to see a multitude of cases, in both OPD and surgery. I believe that the division is at the forefront of the field of joint replacement, every week we would have robotic-assisted surgery wherein we use a variety of robots and different systems. Throughout the fellowship, I was able to work closely with experienced surgeons who guided me through various aspects of joint arthroplasty procedures. I was able to join numerous surgeries, like total hip replacements and revisions, total knees and knee revisions as well as UKR, this hands-on experience provided me with valuable insights into surgical techniques and patient management.

During my stay, I was fortunate to be able to attend HKOA 43rd annual congress and the topic of the congress was “Hip and Knee Origin and Advances”, which was in line with my fellowship. This was a great opportunity for learning because they invited a lot of international speakers from different countries which even includes a Harvard Medical School Professor. I was able to learn updates, techniques, and listen in research presentations of doctors from Hong Kong.

My fellowship at HKU was exceptional and invaluable. I am grateful for the guidance and mentorship I received during this program, I have no doubt that the knowledge I have received from this fellowship will influence how I practice orthopedic surgery.

