



Cadaveric Course on

Common Hand Surgery Procedures

8 JULY 2023 (SAT) 8AM-6PM

Program

8 July 2023 (Saturday)

Time	Topic	Learning objectives	Speaker
08:00-08:15	Registration & welcoming address		Dr. Josephine Ip
Session 1 - Elbow			
08:15-10:00	Nerve <ul style="list-style-type: none"> - Cubital tunnel release - Anterior transposition - Medial epicondylectomy 	<ul style="list-style-type: none"> - Potential compression sites & relevant anatomy - Rationale of procedures - How to perform adequate release and anterior transposition - Possible complications and how to avoid 	Dr. Michelle Lee
10:00-10:30	Break		
Session 2 – Wrist & Hand			
10:30-12:00	Nerve <ul style="list-style-type: none"> - Carpal tunnel release - Guyon canal release Tendon <ul style="list-style-type: none"> - Zone 2 flexor repair 	<ul style="list-style-type: none"> - Relevant surgical anatomy and techniques - Possible complications and how to avoid - Techniques of flexor repair - How to achieve maximal repair strength - Rehab plan with reference to technique 	Dr. KK Tam
	Elective <ul style="list-style-type: none"> - Motor branch of ulnar nerve neurectomy - FDS to FDP transfer 	<ul style="list-style-type: none"> - Relevant surgical anatomy and techniques - Indications of procedure 	Dr. Marvin Chung
12:00-13:00	Lunch break		



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Session 3 – Hand

13:00-15:30	Hand fracture <ul style="list-style-type: none"> - Bennett fracture: ORIF via Wagner approach - Proximal phalangeal fracture: ORIF with rectangular plate - Proximal phalangeal condylar fracture: cannulated lag screw fixation 	<ul style="list-style-type: none"> - Surgical approach and relevant anatomy - Fixation principles and techniques - Locking plate principles 	Dr. Jonathan Chan
	DIPJ surgery <ul style="list-style-type: none"> - H-shaped approach of DIPJ - DIPJ fusion with cannulated screw 	<ul style="list-style-type: none"> - Indications and options for small joint fusion - Fusion techniques 	Dr. KC Lau
15:30-16:00	Break		

Session 4 - Nerve & Elective

16:00-17:00	Nerve surgery <ul style="list-style-type: none"> - Ulnar nerve repair at wrist level (suturing & sutureless technique) - Autograft for digital nerve of thumb - Nerve conduit with vein wrap 	<ul style="list-style-type: none"> - Nerve regeneration principles - Repair and grafting techniques 	Dr. Josephine Ip
17:00-18:00	2 Elective hand surgery procedures of participants' own preference (guided by instructors)	<ul style="list-style-type: none"> - Perform procedures that participants prefer to master 	All