

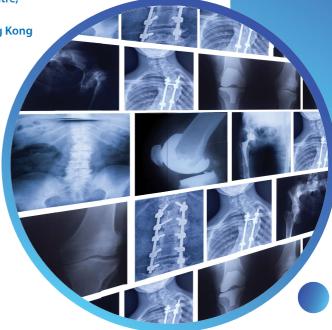
18th Hong Kong International Orthopaedic Forum

WITHSTANDING THE TEST OF TIME

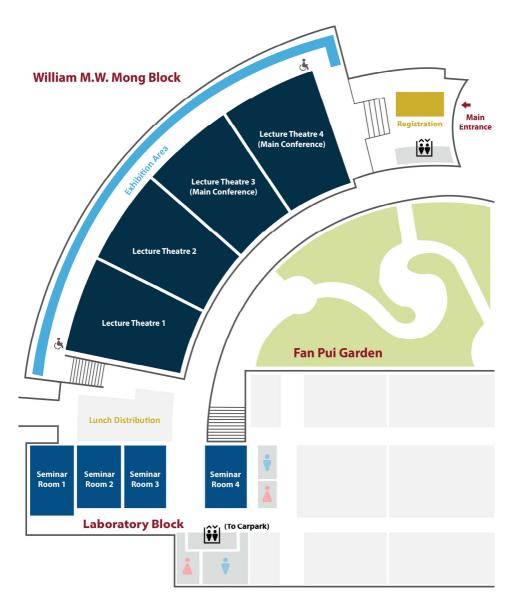
22-23 April 2023

VENUE

Cheung Kung Hai Conference Centre, G/F, William MW Mong Block, 21 Sassoon Road, Pokfulam, Hong Kong



FLOOR PLAN









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WELCOME MESSAGE

Message from Department Chairperson



Dr. Jason CHEUNGDepartment Chairperson
Clinical Associate Professor
Department of Orthopaedics and Traumatology
The University of Hong Kong
Hong Kong

It is my pleasure to welcome you all to the 18th Hong Kong International Orthopaedic Forum. We are thrilled to bring back this annual educational event as a full face-to-face meeting.

As you know, our department is dedicated to providing the highest level of care to our patients, and this forum is a testament to our commitment to pioneering new technologies and education. I am confident that the presentations and discussions will be enlightening and informative, and I encourage you all to actively participate in the sessions.

Over these two days, our department will bring to you topics by different orthopaedic subspecialties under the theme of "Withstanding the test of time". We will be revisiting many traditional principles and procedures with a modern day perspective. The faculty consists of experts and pioneers not only from our department, but also locally and internationally. It is our honour to invite three marquee international guests to share their experiences. They are Professor Mohit Bhandari, the A.R. Hodgson Visiting Professor; Professor Christophe Mathoulin, the Harry Fang Visiting Professor; and Dr. Teruhisa Mihata, the Visiting Associate Professor.

I would also like to take this opportunity to thank the organising committee members who have worked wonders in providing such a rich educational platform not only for orthopaedic surgeons, but also for general practitioners and allied health professionals. Your dedication is truly appreciated.

Once again, welcome to the Orthopaedic Forum. I look forward to a productive and enlightening event where we can work together to advance the field of orthopaedics and improve patient care. Thank you for being a part of this event, and I look forward to your active participation at the lectures, discussions, symposiums and exhibition.

Message from Co-Chairperson



Dr. Margaret FOK
Honorary Clinical Assistant Professor
Associate Consultant
Department of Orthopaedics and Traumatology
Queen Mary Hospital
Hong Kong



Dr. Raymond YAU
Honorary Clinical Assistant Professor
Associate Consultant
Department of Orthopaedics and Traumatology
Queen Mary Hospital
Hong Kong

It is with great pleasure that we welcome you to the 18th Hong Kong International Orthopaedic Forum.

After a three-year hiatus, we are most excited to be able to reconvene face to face at the forum. The exchange of knowledge and ideas in-person is irreplaceable and we look forward to hearing from our esteemed international guests, Professor Bhandari, Professor Mathoulin and Dr Mihata as well as local experts who bring with them a wealth of experience and insight. We encourage all of you to take advantage of this opportunity to get inspired, to share your own experiences and perspectives and to set up collaboration.

As health care providers, we have the responsibility to provide the highest quality of care to our patients and to advance the field through innovation and research. However, every now and then, we should stop and reflect. The theme of our forum focuses on well-established practices that remain relevant today and examines innovations with a critical view. Taken together, this will establish best practices to benefit our patients.

We thank the organising committee and administrative team for their hard work in putting together this exciting programme. In addition, we thank all participants for making this forum possible. Wish you a productive forum and happy learnings!

ORGANISING COMMITTEE



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Dr. Marvin CHUNG Dr. Kevin FOK Dr. Henry FU

Dr. Chor Yin LAM Dr. Anderson LEUNG Dr. Graham SHEA

Dr. Douglas WONG Dr. Peter SIU Dr. Noah SO Dr. Janus WONG

Dr. Colin YUNG Ms. Winnie KOON

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Ms. Jacqueline NG Ms. Tiffany YUEN

OVERSEAS SPEAKERS



Prof. Mohit BHANDARI
Chairperson
Department of Surgery
McMaster University, Hamilton General Hospital
United States



Prof. Christophe MATHOULIN
Head of Orthopaedic Department
Department of Orthopaedics and Traumatology
Jouvenet Clinic
Paris, France



Dr. Teruhisa MIHATAAssociate Professor
Orthopaedic Surgery
Osaka Medical and Pharmaceutical University
Japan

LOCAL SPEAKERS

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Dr. Colin YUNG

Honorary Clinical Tutor Resident Specialist Department of Orthopaedics and Traumatology Queen Mary Hospital Hong Kong

PROGRAMME

22 April 2023, Saturday

08:00-08:30	Registration / Check-in	
JOINT REPLA	CEMENT SURGERY	
Moderators: D	r. Cheung Hong LEE, Dr. Vincent CHAN	
08:30-08:35	The role of image free robotic assisted surgery in the era of personalised knee arthroplasty	Dr. Vincent CHAN
08:35-08:40	Robotic assisted total knee replacement: Game changer of the future	Dr. Steve CHEUNG
08:40-08:45	5 years of robotic total hip replacement: Is it here to stay?	Dr. Henry FU
08:45-08:50	Q&A	
08:50-08:56	Ensuring longevity with nurse led joint replacement clinic	Ms. Helen SZE
08:56-09:02	Speeding up recovery in joint replacement	Ms. Fiona LAM
09:02-09:10	Q&A	
ORTHOPAED	IC ONCOLOGY	
Moderators: D	r. Benjamin FONG, Dr. Raymond YAU	
09:10-09:25	Denosumab for giant cell tumour: The silver bullet?	Dr. Kenneth HO
09:25-09:40	Liquid nitrogen recycled bone graft: Old hat new trick	Dr. Raymond YAU
09:40-09:50	Q&A	
09:50-10:20	Tea Break	
10:20-10:30	Opening Ceremony	

GENERAL ORTHOPAEDICS

Moderators: Dr. Wilson Ll, Dr. Chi Fat CHAN

10:30-11:20	A.R. Hodgson Visiting Professor Lecture: "Unthinkable" (Creativity in surgery)	Prof. Mohit BHANDARI
11:20-11:30	Hip fractures: The inconvenient truths	Prof. Mohit BHANDARI
11:30-11:40	Tried and true strategies for geriatric hip fracture patients	Dr. Tak Wing LAU
11:40-11:50	When the old fails: Hip fracture failures	Dr. Christian FANG
11:50-11:55	Q&A	
11:55-12:05	Guidelines gone wrong! When evidence misguides us	Prof. Mohit BHANDARI
12:05-12:15	Don't let technology triumph over reason: A critical review of latest "advances" in orthopaedic surgery	Dr. Wilson Ll
12:15-12:20	Q&A	
12:20-13:20	Lunch Symposium (Seminar Rooms 1-3) / Lunch Break	

HAND SURGERY

Moderators: Dr. Edmund YAU, Dr. Marvin CHUNG

15:10-15:40	Tea Break	
14:20-15:10	Harry Fang Visiting Professor Lecture: How far we go with wrist arthroscopy in 2023	Prof. Christophe MATHOULIN
14:16-14:20	Q&A	
14:08-14:16	Case discussion 2	Dr. Esther CHOW
14:00-14:08	Case discussion 1	Dr. Edmund YAU
13:52-14:00	Arthroscopic bone graft for scaphoid non-union: Its time has come	Dr. Margaret FOK
13:44-13:52	APSI replacement of proximal pole necrosis: Why, when and how	Prof. Christophe MATHOULIN
13:36-13:44	Strategies for proximal pole scaphoid non-union: Pearls and pitfalls	Prof. Christophe MATHOULIN
13:28-13:36	1,2-ICSRA vascularized bone graft for scaphoid non- union: Does it withstand the test of time?	Dr. Wing Yuk IP
13:20-13:28	Scaphoid non-union: Have we made any progress?	Dr. Marvin CHUNG

SPINE SURGERY

Moderators: Dr. Kin Cheung MAK, Dr. Graham SHEA

15:40-15:48	Management of central cord syndrome - Do we have a verdict?	Dr. Paul KOLJONEN
15:48-15:56	Single position spine surgery: A gimmick or sustainable innovation	Dr. Jason CHEUNG
15:56-16:04	Intelligent orthopaedics and digital anatomy	Dr. Grace ZHANG
16:04-16:12	Foundations for the management of spinal metastasis in the era of personalized medicine	Dr. Kenny KWAN
16:12-16:20	Q&A	

ORTHOPAEDIC REHABILITATION

Moderators: Dr. Sze Hung WONG, Dr. Ka Ho NG

16:20-16:30	The new anabolic agent for osteoporosis - What should I know?	Dr. Chor Yin LAM
16:30-16:40	Osteoporosis: How long should I treat?	Dr. Tai Pang IP
16:40-16:50	What is new in the latest version of local osteoporosis treatment guidelines?	Dr. Tai Pang IP
16:50-17:00	O&A	

LUNCH SYMPOSIUM

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Time: 12:20-13:20

Venue: Seminar rooms 1-3

Topic: Surgical wound management and case sharing

- End of Day 1 -

23 April 2023, Sunday

Registration / Check-in

08:00-08:30

/loderators: D	r. Keith WAN, Dr. Peter SIU	
8:30-08:40	Introduction and case presentation	Dr. Peter SIU
8:40-08:50	Irreparable rotator cuff tear: Established diagnosis and treatment options	Dr. Yau Bun WONG
8:50-09:00	How should I train my shoulder? Rehabilitation for massive cuff tear	Ms. Movee PANG
9:00-09:10	Balloon spacer for irreparable cuff tear: Does it withstand the test of time?	Prof. Patrick YUNG
9:10-09:25	Surgical tips and pearls in superior capsule reconstruction	Dr. Teruhisa MIHATA
9:25-09:35	Latissimus Dorsi tendon transfer for massive rotator cuff tear	Dr. Tak Man WONG
9:35-10:05	Plenary Lecture: My journey in superior capsule reconstruction in the past decade	Dr. Teruhisa MIHATA
0:05-10:20	Q&A	
0:20-10:50	Tea Break	
AEDIATRIC	ORTHOPAEDICS	
/loderators: D	r. Karen YEUNG, Dr. Noah SO	
0:50-11:00	Triple arthrodesis: Not just another salvage procedure	Dr. Noah SO
1:00-11:10	Long term success in cerebral palsy hip reconstruction	Dr. Evelyn KUONG
	What is beyond modified Sofield Millar operation in	Dr. Michael TO
1:10-11:20	treating Osteogenesis Imperfecta	

ORTHOPAEDIC TRAUMA

Moderators: Dr. Terence PUN, Dr. Colin YUNG

11:30-11:40	Withstanding the test of time? - What's new in hip fracture surgery	Dr. Colin YUNG
11:40-11:50	Geriatric hip fracture peri-operative management - The anaesthetic perspective	Dr. Manson CHAN
11:50-12:00	Boosting the old: The caregiver empowerment programme in geriatric hip fracture rehabilitation	Dr. Christian FANG
12:00-12:10	Q&A	Dr. Colin YUNG

- End of Day 2 -

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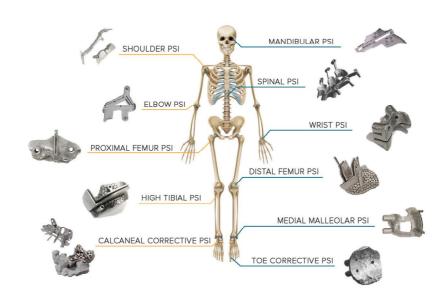
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References:

L Gabriel A, Camardo M, O'Rorke E, Gold R, Kim PJ. Effects of Negative-Pressure Wound Therapy With Instillation versus Standard of Care in Multiple Wound Types: Systematic Literature Review and Meta-Analysis. Plast Reconstr Surg. 2021 Jan 1;147(1S-1):68S-76S. doi: 10.1097/PRS.00000000000007614. PMID: 33347065

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Camardo, Mark. "Verafio Meta-Analysis Standardized and Non-Standardized Means.", 3M Internal Report San Antonio, Texas, 2020.



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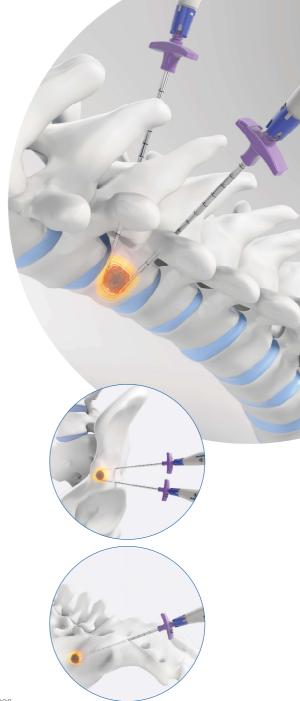
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Human thrombin 500 IU/ml Calcium chloride 40 µmol/ml

TISSEEL contains Human Factor XIII co-purified with Human Fibrinogen in a range of $0.6-5\,\mathrm{IU/mI}$.

1, 2 or 5 ml deep-frozen component 1 (tissue protein solution with aprotinin) and 1, 2 or 5 ml deepfrozen component 2 (thrombin solution with calcium chloride). This gives a total volume of 2, 4 or 10 ml ready-to-use sealant solution when applied.

Indications:

Supporter treatment where standard surgical techniques appear insufficient. For improvement of homodass. As a lissue glue to improve wound healing or to support sutures in uscular surgery, in apartimisational anaetomese, in oneurourgery and in surgical inflaventions where contact with cerebrospinal fluid or dura mater may occur (e.g., in BIT, orphilamier and spinal surgery), as a disease, to promote the adhesion of the separated tissue (e.g., skin, tissueficials, means.

The efficacy in fully heparinised patients has been proven,

Contraindications:

Tisseel must not be applied intravascularly.

Tisseel must not be applied in case of hypersensitivity to the active substances or to any of the excipients.

For prescription, please refer to full product insert.

References:

Baxter Healthcare Ltd.

TISSEEL [Summary of Product Characteristics], 2015
 FLOSEAL Hemostatic Matrix [Instruction for Use], 2016
 HEMOPATCH [Instruction for Use], 2019

10mL

Double Volume in One Single Preparation

Floseal hemostatic Matrix

Indications:

FLOSEAL Matrix is indicated in surgical procedures (other than in ophthalmic) as an adjunct to hemostasis when control of bleeding, by ligature or conventional procedures is ineffective or impractical.

Contraindications:

- Do not inject or compress FLOSEAL Matrix into blood vessels. Do not apply FLOSEAL Matrix in the absence of active blood flow, e.g., while the vessel is clamped or bypassed, as extensive intravascular clotting and even death may result.
- To avoid a risk of allergic-anaphylactoid reaction and/or thromboembolic events, which may be lifethreatening, do not inject FLOSEAL Matrix into a vessel or tissue.
- Do not use FLOSEAL Matrix in patients with known allergies to materials of bovine origin.
- Do not use FLOSEAL Matrix in the closure of skin incisions because it may interfere with the healing of the skin edges due to mechanical interposition of gelatin.

For safe and proper use of this device, refer to the full Instructions for Use.

The 2-in-1 Advanced Patch

to Close Dural Defect

Hemopatch Sealing Hemostats

Indications:

HEMOPATCH is indicated as a hemostatic device and surgical sealant for procedures in which control of bleeding or leakage of other body fluids or air by comentional surgical techniques is either ineffective or impracilical. HEMOPATCH may be used to close dural defects following traumatic injury, excision, retraction or shrinkage of the dura mater.

Contraindications:

Do not compress HEMOPATCH into blood vessels or use intravascularly.

The device must not be used in patients with known hypersensitivity to bovine proteins or brilliant blue (FD&C Blue No. 1 (Blue 1)).

For safe and proper use of this device, refer to the full Instructions for Use.





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o learn more about the future of nailing, contact your DePuy Synthes Sales Consultant. Please also refer to the ackage inser(s) or other labelling associated with the devices identified in this brochure for additional information.

For full product details and precautions, please consult the instructions for Use. Manufactured by: Synthes USA, LLC, 1101 Synthes Avenue, Monument, CO 80132. Synthes Cmild I, Ematibriaze 3, 4436 Oberdorf, Switzerland. Note: For recognized monufacturer, infer to the product label. #

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*Bench testing may not be indicative of dinical performance + Compared to a nail without locking polymer ++ Compared to nailing alone

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- Is free of heavy metals
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NOTES

ACCREDITATIONS

College / Association	Credit Points Awarded
HKWC CNE / PEM Accreditation Panel	Day 1: 7 CNE Day 2: 3 CNE
Hong Kong College of Physicians (HKCP)	Day 1: 3.5 CME (Passive) / 2 CME (Active) Day 2: 1.5 CME (Passive) / 2 CME (Active)
Hong Kong Physiotherapy Association Ltd. (HKPA)	10 CPD (Whole Function)
Hong Kong Society of Certified Prosthetist-Orthotists (HKSCPO)	Pending
Non-specialists CME (DH/HKDU/HKAM/HKMA)	Day 1: 6 CME Day 2: 3.5 CME
Occupational Therapists Board	Pending
The Hong Kong College of Family Physicians (HKCFP)	Day 1: 6 CME Day 2: 3.5 CME
The Hong Kong College of Orthopaedics Surgeons (HKCOS)	Max. 8 Cat A Points / 3 Rehab Credit Points / 8 Training Points (Whole Function)

Please visit our event website for the latest updates. Points will only be accredited for participants joining in person.

ACKNOWLEDGEMENTS

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