

Name: Dr. Wang Zejin

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Fellow: Division of Sports and Arthroscopic surgery
Dept. of Orthopedics & Traumatology University of
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The 4-month fellowship in Hong Kong has come to an end and it has been one of the best experiences of my life. I feel very honored to be able to study and work in the department of orthopedics and traumatology at Queen Mary Hospital. The department of orthopedics and traumatology at the Hong Kong University is world-renowned as one of the best orthopaedic centers in Asia and the world.

First of all, I would like to thank the secretary sports division Miss Eva Liu, for providing me with a lot of help in coming to Hong Kong smoothly, from the various documents I needed to apply for, to the various considerations of living in Hong Kong. She was able to answer all of them so that I could prepare my mind in advance. When I reported to the clinic on June 1, she led me to the outpatient clinic to meet Dr. Siu. Peter Siu is the only resident in the sports medicine department. He received me warmly and invited me to see the outpatients with him, He also demonstrated how to use ultrasound to diagnose rotator cuff injury, and I am still impressed by his vivid explanation.

As a fellow in the Division of sports and arthroscopic surgery, I had the opportunity to participate in all aspects of the daily work of the department. I was required to see outpatients independently, participate in ward round and patient management, and participate in surgery as an assistant. Under the guidance of Dr. Wong Tak Man, who is the Head of Division of Sports & Arthroscopic Surgery, he is a warm person with excellent surgical skills. And Dr. Yau Wai Pan, who is very knowledgeable and good at teaching, I learned more systematically about the diagnosis and treatment of sports medicine related diseases and gained a better understanding of the indications for surgery. Under the direct guidance of Dr. Wong Tak Man, I participated in many complex and difficult surgeries, including arthroscopic superior capsular reconstruction, latissimus dorsi transfer, trochlearplasty revision, high tibial osteotomy combined with anterior cruciate ligament reconstruction, reverse shoulder arthroplasty and other complex surgeries, which not only fully achieved the learning objectives, but also broadened my horizon. Professor Yau attaches great importance to the perioperative management of patients. When is the time for surgery? What kind of surgery is needed? How to recover and follow up after surgery? I benefited from his thorough discussions with us based on the latest literature.

The Wednesday Case Conferences and the Saturday inter-hospital meetings are a feast of scholarship that is rich in content, often rare and interesting cases that make learning more efficient and impressive through discussion and questions. Since the cases come from all sub-specialties within orthopedics, it also keeps our knowledge of the sub-specialties up to date.

I am one of the many Chinese mainland -Hong Kong families who have been greatly affected by the new epidemic that has prevented Hong Kong from crossing the border with the mainland for 3 years. I am very grateful to Dr. Wong Tak Man for his great help to make this opportunity to study in Hong Kong and also to have a reunion with my family. Finally, I would like to thank all the doctors in the Division of sports and arthroscopic surgery and the nurses at QMH and DKCH for their help and support.



Sports Team: June to September 2022. (L to R: Dr. Yee Hon Fai Andy, Dr Peter Yau, Dr Wong Tak Man, Dr Peter Siu, and Dr Wang Zejin)