

## **Fellowship Report: Dr. MUKHOPADHYAY Reetadyuti**

In January 2016 I began my fellowship in Sports Orthopaedics and Arthroscopic Surgery in the Department of Orthopaedics & Traumatology, Queen Mary hospital, HKU; and at the end of 6 months I am left asking for more.

My 6 months in Hong Kong, working under Dr. Yau have been a great learning experience. His team and Dr. Yau were very supportive and keen to teach. They have always put in their best efforts to teach me the most they can in the limited duration of 6 months. I found some wonderful friends in my colleagues who made sure that I felt at home, particularly Dr. Lee.

This department gave me the opportunity to work under an amazing teacher and mentor. I learned a lot about arthroscopy, sports orthopaedics and research. I am glad that I could be associated with him in a clinical as well as an animal study. I picked up various important skills and technical tips regarding arthroscopic surgery and improved on my clinical examination skill and ability to pick up subtle sign.

It was a pleasure assisting Dr. Yau in the operation theater. Each OT, I found something new to learn. While assisting Dr. Yau, I picked up subtle nuances of arthroscopic surgery which I am sure will come handy in my future career. During these 6 months I had the opportunity to assist in a variety of sports surgeries like the rotator cuff repair, Bankart, arthroscopic Latarjet, total reverse shoulder, knee ligament reconstructions, meniscus surgeries, MPFL repair and reconstruction, FAI and all arthroscopic release of snapping hip and various other procedures. I am

thankful to Dr. Yau for supervising me in two ACL reconstruction surgeries.

Dr. Yau is not only a good surgeon, but also a great academician, always wanting his pupils to excel. I have imbibed virtues from him, which will definitely be very helpful in my career as an arthroscopic surgeon.

The weekly Wednesday conferences and the Saturday inter-hospital meetings in addition to the other academic activities were a good exposure to the latest knowledge in various fields of orthopaedics other than sports. I also took the opportunity to attend the APKASS 2016 meeting in Hong Kong from 10-12<sup>th</sup> June 2016.

I shall look forward to any future association with Dr. Yau, the Division of Sports Orthopaedics & Arthroscopic Surgery at QMH & the Department of Orthopaedics and Traumatology.



BBQ at Shek-O beach with other overseas fellows



Farewell dinner with colleagues





Festive Hong Kong

