

Sports & Arthroscopic Surgery Fellowship Report

Reported by Dr Aniket Patil, M.S. Ortho [India]

1st October 2015 to 31st December 2015

My three months in sports and arthroscopic surgery fellowship working together with the Dr YAU WAI PAN was one of my greatest experiences in my orthopaedic career.

First of all I would like to address sincere thanks to Dr YAU WAI PAN, who made this unique fellowship available for me. During my stay in Hong Kong, I lived in a very comfortable accommodation, not far away from the training hospital, which could be reached easily. From starting of fellowship, my every administrative work was guided very kindly by Ms Doris [like visa process and Hong Kong Medical Council registration]. She is very particular and prompt in her work.

The daily routine at Queen Mary Hospital started with a morning rounds. The next daily schedule for first three days of week was out-patient-department services. I could learn the clinical examination of sports injuries and indications of operative verses conservative management in sports traumatology from OPD training. Next two days were engaged in busy operation room [OR] schedule. One day most cases were related to shoulder injuries [Recurrent shoulder dislocation, rotator cuff tear] in QMH and second day was mainly knee sports injuries [ACL injury, meniscal tear] in DKCH. I had good exposure to advanced techniques of sports and arthroscopic surgeries with high end instruments and arthroscopes. I have seen maximum varieties of sports injuries and their management in three months.

I had a lot of constructive discussions with the sports and arthroscopic surgery team members during this very practical based fellowship program. Beside my daily activity at Queen Mary Hospital, I had the opportunity to visit Duchess of Kent Children's Hospital. In my regular daily schedule Dr Lee helped me a lot. He is very humble and co-operative.

During my OPD duty, nurses at OPD station helped me for translation during clinical examination of patients as I do not know local language. All nurses staff at OPD and IPD in QMH as well as DKCH was very co-operative.

During that wonderful three months, I learnt a lot in management of sports injuries and arthroscopic surgery techniques from Dr YAU WAI PAN. He is best teacher and surgeon.

In future, I will definitely recommend this fellowship for my orthopaedic colleagues and I will also visit again if I get chance.

It was a great experience and great opportunity for me to join this fellowship and I thank Dr YAU WAI PAN and the Orthopaedics and Traumatology Team one more time for enabling this chance to me.

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