

Report

I have firstly heard about Queen Mary Hospital, Hong Kong University from one of my colleges who was an ex-spine fellow. He told me about the advancement and perfectionism of the department of orthopedic here and he made me eager and ambitious to capture this opportunity of having a clinical fellowship. So I have applied to the hand fellowship and I was accepted and this was a very good news to me.

I started my fellowship at the first of March 2017, and from the first day I have noticed the organization, professionalism and discipline of all the staff of the department starting from the head of the department prof. Kenneth Cheung, clinical staff and administrative staff.

The administrative staff including Miss Doris, Miss Eva, Miss Carmen and extra were all helpful, supportive and most importantly for me patient. They helped me in all administrative issues including my accommodation, salary and every detail pertaining to my stay. And I was astonished when Miss Doris has walked with me in the hospital and has shown to me every path and building in the hospital even she has showed me how to take a transportation mean to my accommodation.

According to the clinical staff especially prof. Ip who is a talented, disciplined, and respectable person. She usually answered every question and provided me with great tips based

on her vast experience especially in the field of peripheral nerve injuries, tendon transfer, rheumatoid hand and many other topics.

My clinical duty included weekly operating lists divided between Queen Mary and Duchess of Kent Hospitals, and this allowed me to be exposed to many different varieties of general hand surgery problems and surgeries ranging in complexity from minor procedures like CTS and trigger finger to more sophisticated techniques like crossed intrinsic transfer, excision arthroplasties in rheumatoid hand, local flaps, and latissimus dorsi transfer to biceps.

Also I have assisted dr. Margret Fok in many wrist arthroscopy procedures, endoscopic distal biceps repair and endoscopic CTS release.

Also my clinical duty included weekly clinics at the morning and afternoon during which I saw lots of cases and I got the chance to see patients myself and it was a great experience for me and enriched my communication skills and allowed me to speak to persons from different cultural perspective. Also the clinics included cooperation with the team of physiotherapy and occupational therapy and I can say that they are ones of the best and most professional teams I have ever seen with great experience, advanced equipment and kind personalities.

The fellowship included many educational activities like the orthopedic forum, and weekly clinical meetings and every

Saturday inter-hospital meetings which were informative, and educative

The department is also linked to a very advanced research lab equipped with many sophisticated machines and I like much the 3d printing technology and its application in orthopedic surgery.

Also I had the opportunity to hang out and see the beauty of the city Hong Kong. And I really enjoyed my stay.

At the end I would like to acknowledge all the members of the department of orthopedic at Hong Kong university and I hope there will be much cooperation and exchange of knowledge and experience with my department in Alexandria Medical school.