

MA. FELMA S. RAYEL, M.D.

JULY - DECEMBER 2018

Oncology Fellowship

Division of General Orthopaedics and Oncology
Department of Orthopaedics and Traumatology
The University of Hong Kong

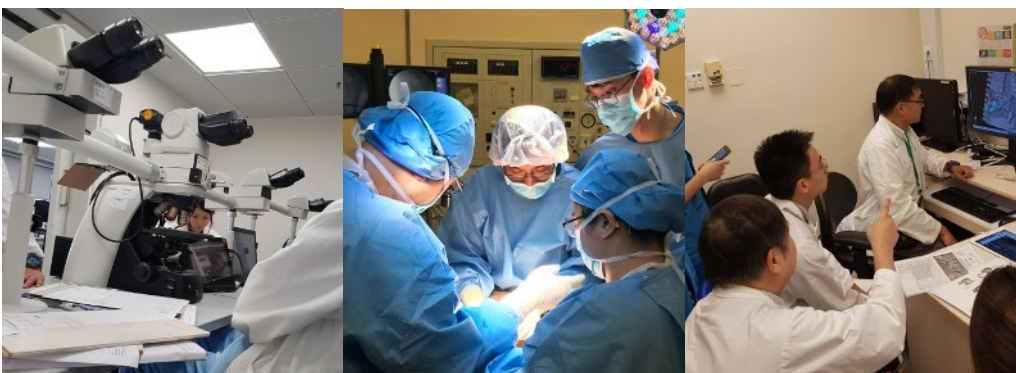


The Tumour Team

(L-R) Ms. Catherine Chiu, Dr. Ma. Felma Rayel, Dr. Michelle Luk, Dr. Kenneth Ho, Dr. Albert Lam, Dr. Janus Wong, Dr. Raymond Yau

We serve 2 hospitals: Queen Mary Hospital and Duchess of Kent Children's Hospital. My activities include daily rounds in DKCH, Pre-op and department conference on wednesdays, surgeries 3 days a week, clinic 2-3 days a week, and friday grand rounds in QMH. There are also saturday interhospital meetings with different orthopaedic topics and thursday rehab rounds in MMRC with the PT and OT for a more monitored rehab regimen.

As a fellow in Oncology, I was able to assist and do supervised surgeries. I am able to follow up the cases in the clinics, and also see long term follow up from the cases they did a few years back. I have seen various cases such as bone and soft tissue sarcomas, cutaneous tumours (melanoma, SCC), radiation induced sarcomas, pathologic fractures, periprosthetic infections, metastasis to bone and soft tissue, and soft tissue complications.



FOOD

Lots of delicious dishes, both local and international.



TOYS

For the kid in me: In's point, Fuk wing street, sino centre, CTMA, Richmond



SIGHTSEEING

Victoria Peak, Nan Lian Garden, Ngong Ping, Kowloon City Walled Park, Tai O village, various temples, etc.

I have learned several surgical techniques like liquid nitrogen recycled autograft, the use of vascularized cortical autograft use in bone-implant junction for endoprotheses, soft tissue reconstructions (regional and local flaps), vascularized fibular grafts, insertion of brachytherapy tubes and have observed RadioFrequency Ablation.

Multidisciplinary Team meetings: weekly Pathology Rounds, twice monthly Radiology Rounds, and a twice monthly Combined Sarcoma Round with the Medical Oncologist, Clinical Oncologist, Pathologist and Radiologist



**Last year, I was an attendee.
This time, I'm part of the
organizing committee.**

The 2nd HKU International Musculoskeletal Tumour Course held in HKU-Shenzhen Hospital (Day 1) and Hong Kong (Day 2-3).

I learned a lot during this course and got to meet other important people in the Tumor field: Prof. G. Douglas Letson, Prof. Pietro Ruggieri, Prof. Wei-Ming Chen, Prof. Hiroyuki Tsuchiya, Prof. Xiao Hui Niu and Prof., Jin Wang.

Hong Kong

I spend my free days going around HK (thank you google maps), looking for and tasting various delicacies (via OpenRice), and visiting must see destinations and activities.

Since most people speak and/or understand English, it was not that hard to adjust in the lifestyle. Transportation is very convenient with the MTR and public buses.

I owe my small acquired knowledge of Cantonese phrases to my bosses, the residents, OT and S7 clinic nurses.

Things to improve on:

Sometimes, they switch to Cantonese when discussing cases in depth. While I mostly understand the train of thoughts, it would be easier for the future fellows if all meetings (esp MDTs) are discussed purely in English.

MANY, MANY, MANY THANKS! 多謝

I will forever cherish the experience and new friendships that I had this past 6 months. Thank you to the HKU Department of Orthopaedics, all the administrative staff (esp. Catherine, Carmen and Jenny), OT nursing staff both in QMH and DKCH, and S7 clinic nursing staff (esp. Ms. Lo).

Most of all, I would like to thank my 3 kind and generous bosses (Dr. Lam, Dr. Ho & Raymond) and tumour residents (Janus & Michelle) for all the teachings, not just in tumour, but also in Hong Kong life and culture. I hope to see you again soon. VISIT PHILIPPINES! Do Ze!

