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Serving Period: 1 Jan 2018 – 30 June 2018  
Fellow: Division of Sports & Arthroscopic Surgery  
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It has been my honor and privilege to work as a Clinical Associate and Fellow (Division of Sports & Arthroscopic Surgery) of Department of Orthopaedics and Traumatology.

I am very grateful to Prof. Yau Wai Pan and the whole staff of the Department of Orthopedics for the pleasant and welcoming acceptance during my six-month Fellowship period. I was highly impressed by the high professionalism of the doctors with whom I had been working during the whole period of the fellowship. The colleagues I worked with on daily basis accepted me very well and made my stay at their department very pleasant.

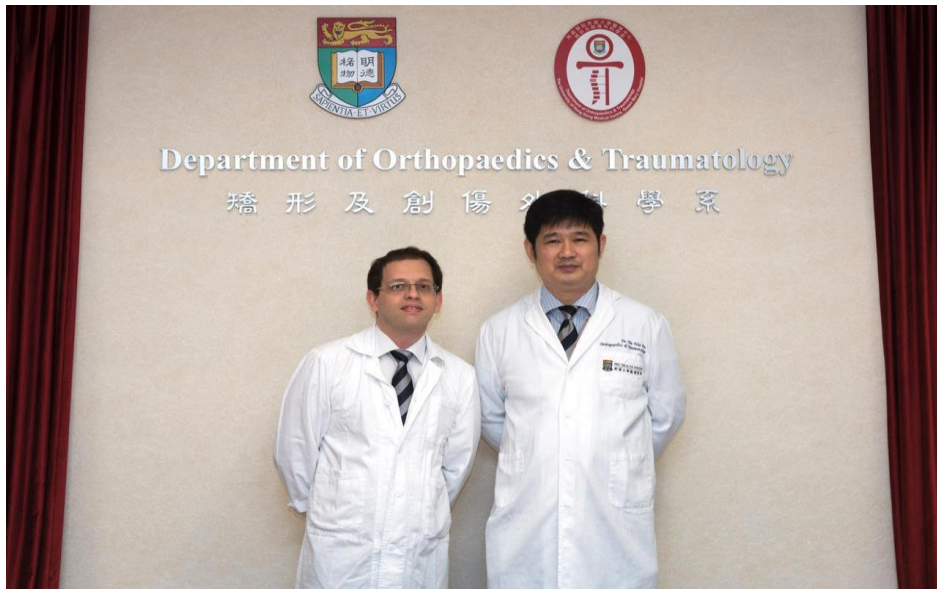
Working with Prof. Yau was an excellent experience. His expert opinion and guidance helped me learn many pearls in the evaluation techniques, treatment modalities and the importance of being meticulous in approach. The process of clinical evaluation and discussing the cases with Prof. Yau helped me understand the basic clinical approach, differential diagnosis and the treatment modalities. I got many surgical tips, dos and don'ts during assisting the surgical procedures.

During my stay, I have enhanced my clinical expertise in addition to expending my practical skills. During my tenure here, I learnt and assisted in various arthroscopic ligament repairs and reconstructions, Meniscal and Cartilage surgeries, arthroscopic Shoulder Bankart, rotator cuff, SLAP repairs and Shoulder arthroplasty surgeries. I found the training useful in not only technical aspects but also in adopting the overall working patterns and I intend to introduce the gained knowledge into every day practice in my department.

Wednesday and Saturday Conferences were very enriching and it gave me a fresh update from other fields as well. I would like to thank the entire nursing staff of both the Queen Mary Hospital and Duchess of Kent Children hospital. I am really amazed by the enthusiasm of the staff and the way they work.

Lastly, I would like to thank the administrative staff specially Ms. Eva Liu for helping me in the administrative work. She has been a great support in coordinating the VISA process, accommodation and completion process of my fellowship.

After this fellowship, I now feel confident that whenever I have a troubling or difficult case, I know where I can turn to get good advice and suggestions. I strongly feel that the experience of this Fellowship will facilitate both my short and long term career aspirations. I think that this fellowship Program provides a unique opportunity for young arthroscopic Surgeons to upgrade their knowledge and professional skills and to also to find new networking possibilities in the Orthopedic world.



(From Left) me and Dr. Yau Wai Pan



(From Left) Dr. Michelle Luk, Dr. Yau Wai Pan, Dr. Janus Wong and me



(From Left) Me, Dr. Douglas Wong and Dr. Janus Wong