

Pediatric Orthopaedics Fellowship Report
July to December 2018,
Duchess of Kent Children Hospital, Hong Kong.



I am honored to have the privilege of working for 6 months with one of the world best Pediatric Orthopaedics team at Duchess of Kent Children's Hospital, Hong Kong.

I belong to Pakistan which is one of the densely populated country in Asia. I completed my residency in 2016 and during my last year of training, I had a desire of doing Pediatric Orthopedics Fellowship DKCH/QMH Hong Kong. I applied for it, after one and half year of waiting, I got the Fellowship at DKCH. I arrived to Hong Kong early July 2018 with my wife and 2 kids. We were welcome by security guard of DKCH who took us to the quarter. The quarter was neat and clean and has almost all the facilities of living with family.

The division of Pediatric Orthopaedics consist of up-to-date learned consultants Dr. Chow Wang and Dr. Evelyn Kuong. The Academic program is well balanced consisting of Scoliosis clinic, General clinic, neuromuscular and gait clinic, weekly 2 days OR, Wednesday morning meeting and Friday Grand Round. Both Dr. Chow and Dr. Evelyn gave me books for reading and always teaches me various Principles of Pediatric Orthopaedics. I found Dr. Chow a very humble, nice and caring person. Dr. Evelyn also helped me a lot during my stay.

During this fellowship, I have learn the principles and management of following Pediatric Orthopaedics disorders.

1. Evaluation and management of CP patient
2. Principles of Gait analysis in CP and other neuromuscular patients
3. Treatment of various hip pathologies like DDH, Perthes, SCFE etc
4. Guided Growth principles
5. Limb Lengthening principles
6. Congenital anomalies like polydactyly, syndactyly, fibular hemimelia etc
7. Principles of Deformities correction of the lower limb
8. Evaluation and management of pediatric foot and ankle disorders
9. Evaluation and management of Scoliosis patient

I have learned a lot of new things in this fellowship which will have a very positive impact in my future practice.

I am very thankful to Dr. Chow and Dr. Evelyn who always involve me in the decision making of the patients and give me under supervision hands on surgeries in the OR.

I am also very thankful to Prof Kenneth Cheung and the whole spine team who teaches me management of scoliosis patients. I found Prof. Kenneth Cheung always welcoming the foreign visitor doctors in a delighted way. I am also very thankful to Dr. Marvin and Dr. Janus the two residents during my fellowship who helped me out in ward duties.

I am Lucky fellow attending the HKOA annual congress 2018 with theme of Child and adolescent Orthopaedics in the next decade. During this conference I had a chance of interacting with some of the renowned Pediatric Orthopedics surgeons like Prof. Vince Mosca and Prof Young Jo Kim.

I am a third Pakistani to be trained by Dr Chow in Pediatric Orthopaedics. We have make small group to take steps to uplift the care of poor pediatric orthopaedics patients in Pakistan. Thank you Dr. Chow once again for training us and will always remember you in Golden words for this great service for our country.

Best Regards,

Dr. Saeed Ahmad.