



Hao Wei

Dr Cheng Yu Tung Fellowship – Senior Clinical Research Fellow

Division of Orthopaedic Trauma

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Working Hospital : Department of Orthopedics and Traumatology,  
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## A wonderful and unforgettable experience in QMH, HKU

### **Thank you for making my dream come true.**

I would first like to express my sincere appreciation to LiKaShing Faculty of Medicine, HKU which awarded me this precious Dr. Cheng YuTung fellowship. It has been a very valuable learning opportunity for me. I felt very proud with great honor when I was finally informed that I had been selected for a 4-month training as senior clinical research fellow on someday on February, 2017.

Secondly, I should say thanks to Ms. Elaine So, who is secretary of CYT fellowship. Elaine helped me a lot during the whole application process. I also should give thanks to Ms. Doris Lau, professor Frankie Leung's secretary. To make this fellowship possible after being awarded, I also received helpful support from Doris. She helped me too much in various areas, such as application for medical license in MCHK, office arrangement, and many other daily routines. I should also thank all the members of O&T department. From the head to the intern, they were all very nice and friendly to me and also gave me much help in daily works. I have been honorably invited by the department head, professor Kenneth Cheung, to join the fantastic 2018 new year party of the department held in beautiful Happy Valley, which turned out to be a warm, cheerful and also unforgettable experience to me. I also am very thankful for the effort, patience, and great supports that the trauma team members(Chris, Dennis, Tak Wing, Terrence, and Peter) provided to me.



Finally and mostly, I should give full gratitude with respect to my supervisor, professor Leung. He really taught me a lot on the standard treatment procedure of geriatric hip fractures, upper limb fractures(shoulder, elbow and wrist), etc. We also went hiking together to see the beautiful scenes at Victoria peak, Shek O, etc on weekends. In addition, he also cared about my daily living in HK and helped me a lot to adapt to it so as to make me feel just like at hometown.



Professor Frankie Leung has a clear vision concerning the AO philosophy and how to improve surgical outcomes. He emphasizes better lifestyle outcomes for patients after surgery. Therefore, he pays much attention to postoperative functional recovery. Now I have the integral conception of rehabilitation for extremities postsurgery, especially the upper limb. I have learned a lot from working with him during this fellowship experience, and it has greatly affected as well as changed my work style. When I return to the mainland, I will be able to deliver better service to my patients, and also be able to share what I have learned and experienced in QMH to my colleagues.

### **Numerous opportunities to scrub up**

I arrived in QMH on Oct 02, 2017. At the same day, I met Professor Frankie Leung, a nice gentleman with a charming smile on his face. He personally introduced me to his team members. Then, Ms. Doris showed me around the hospital and informed me about almost everything that I would need during my time there. From my second day onwards, I was given the opportunity to scrub up and assist in any surgeries that I was interested covering different subspecialties. This really gave me a valuable and also rare opportunity to learn the latest surgical techniques in trauma. I also attended daily ward rounds with the trauma team, from which I got to know the preoperative discussion and postoperative treatment plan.



### **Tips and pearls of wisdom in the operating room**

I have learned many valuable clinical tips and pearls of wisdom during my work in the operating room and outpatient department in QMH and DTC. The trauma team's operating rooms run from Monday to Saturday, and is ready to deal with emergency cases at any time. At the hospital, a variety of geriatric osteoporotic fractures including hip, distal radius, elbow, proximal humerus took place and were treated through MIPPO technique on a daily basis. I also learnt a new technique named after Dr. Masquelet to treat bone defect after open fracture, osteomyelitis, bone tumor resection, etc. It is really an effective, easy to manipulate procedure of which I want to do when I go back.

### **Fellowship highlights**

During my fellowship, I was invited to attend the Dr. Cheng YuTung Fellowship Symposium at its 20<sup>th</sup> anniversary and reached the latest information in various fields of medicine. I also attended three sessions of KangHui Master course in trauma, during which I had been given the opportunity of oral presentation and discussed interested clinical cases with experienced senior orthopaedic surgeons all over china.



**A wonderful, unforgettable experience**

Overall, the Dr. Cheng YuTung Fellowship experience was very pleasant, beneficial, informative, fruitful. It truly has been one of the most memorable experiences of my life.