

## The 14th Hong Kong International Orthopaedic Forum on 8-9 April 2017 - Program Rundown

8 April 2017, Saturday		
08:00	Registration	
<b>Lower Limb Pivoting Sports</b>		
	<b>Moderators: Dr. CF Chan, Dr. CK Lo</b>	<b>Speakers</b>
08:30-08:40	State of the art management for anterior cruciate ligament injuries	Dr. August Fok
08:40-08:50	Osteochondral injury - incidence and management	Dr. CK Lo
08:50-09:00	Ankle instability in athletes	Dr. KH Ng
09:00-09:10	Syndesmotic injury - something we cannot afford to miss	Dr. TM Wong
09:10-09:25	Hamstring injury in athletes	Prof. Bryan Kelly
09:25-09:40	Discussion	
09:40-10:10	Tea Break	
10:10-10:20	Opening Ceremony	
10:20-10:25	<b>Moderator: Dr. Margaret Fok</b>	
10:25-10:55	<b>Yang Hsueh Chi Visiting Professor Lecture: Anatomy, assessment and treatment of sports injuries of upper limb</b>	<b>Prof. Gregory Bain</b>
<b>Weekend Warriors</b>		
	<b>Moderators: Dr. Steve Cheung, Dr. August Fok</b>	
10:55-11:10	Femoroacetabular impingement - current concepts	Prof. Bryan Kelly
11:10-11:25	Hip labral injury in athletes	Prof. Bryan Kelly
11:25-11:35	Achilles tendon injury - how to manage	Dr. TH Lui
11:35-11:50	Distal biceps injury - from diagnosis to treatment	Prof. Gregory Bain
11:50-12:00	Lumbar prolapsed disc - how to rehabilitate and when to operate	Dr. Raymond Wong
12:00-12:15	Discussion	
12:15-13:15	Lunch	
<b>Contact Sports</b>		
	<b>Moderators: Dr. Richard Lee, Dr. Dennis Yee</b>	
13:15-13:25	Cervical facet dislocation - an update on the management controversies	Dr. Kenny Kwan
13:25-13:35	Traumatic spinal cord injury - acute management to improve neurological outcome	Dr. Paul Koljonen
13:35-13:45	Shoulder dislocation - assessment and management	Dr. HM Ho
13:45-13:55	Clavicular injury - indication of treatment	Dr. TW Lau
13:55-14:05	Meniscal injury - way to tackle	Dr. Chester Lie
14:05-14:15	MDI knee dislocation - initial assessment and treatment	Dr. WL Chan
14:15-14:30	Discussion	
14:30-14:35	<b>Moderator: Dr. Dennis Yee</b>	
14:35-15:05	<b>Dr Tam Sai Kit Visiting Professor Lecture: Role of hip arthroscopy in hip preservation</b>	<b>Prof. Bryan Kelly</b>
15:05-15:35	Tea break	
<b>Racket Sports</b>		
	<b>Moderators: Dr. Margaret Fok, Dr. Chester Lie</b>	
15:35-15:50	The update management of DRUJ injury	Prof. Gregory Bain
15:50-16:00	Chronic painful condition of ECU tendinitis	Dr. YK Lau
16:00-16:15	Elbow instability - how to overcome	Prof. Gregory Bain
16:15-16:25	Rotator cuff injury in sport	Dr. August Fok
16:25-16:35	Slap injury - prevention to cure	Dr. HM Ho
16:35-16:45	Shoulder physiotherapy - from injury to back in action - a local experience	Ms. Movee Pang
16:45-17:00	Discussion	
<i>End of Day 1</i>		

**9 April 2017, Sunday**

*Overuse Syndrome*

	<b>Moderators: Dr. Dennis Yee, Dr. Yeung Yeung</b>	<b>Speakers</b>
08:30-08:40	Spondylolysis in dancers and lifters - should we rehabilitate or operate on them?	Dr. Jason Cheung
08:40-08:50	Updated management of tendinopathy of lower limb	Dr. Y Yeung
08:50-09:00	Stress fracture of lower extremities	Dr. Anson Woo
09:00-09:10	Anterior knee pain - how to deal with this?	Dr. FY Ng
09:10-09:20	Elbow tendinitis - common cause and treatment	Dr. Margaret Fok
09:20-09:30	Injury prevention - strength training	Dr. Raymond So
09:30-09:45	Discussion	
09:45-10:15	Tea Break	

10:15-10:20	<b>Moderator: Dr. Paul Koljonen</b>	
10:20-10:50	<b>M.B. Lee Visiting Professor Lecture: New horizons of spinal cord injury rehabilitation</b>	Prof. Graham Creasey

*Sports and Recreational Rehabilitation*

	<b>Moderators: Dr. WY Cheung, Dr. Paul Koljonen</b>	
10:50-11:00	Injury rehabilitation - nutrition concern	Mr. Charles Chan
11:00-11:10	Physiotherapy management of patients after anterior cruciate ligament reconstruction - a local experience	Ms. Jolinda Chan
11:10-11:20	Management of neurogenic bowel in spinal cord injury patients	Dr. Alex Chow
11:20-11:35	An implantable neuroprosthesis for restoring bladder and bowel control in patients with spinal cord injuries	Prof. Graham Creasey
11:35-11:50	Restoration of upper and lower limb function in spinal cord injury patients	Prof. Graham Creasey
11:50-12:00	Nursing management of patients with spinal cord injury	Ms WN Ho
12:00-12:15	Discussion	

*End of Day 2*

*Last update: 27 March 2017*